Z5630

Instructions General Control Arm Shell Bushing Removal

N.B: This instruction sheet should be used in conjunction with the workshop manual and proper safety procedures followed.

1.Confirm your new bushings have an outer steel shell. If no, you may have to leave the original shell in the control arm.

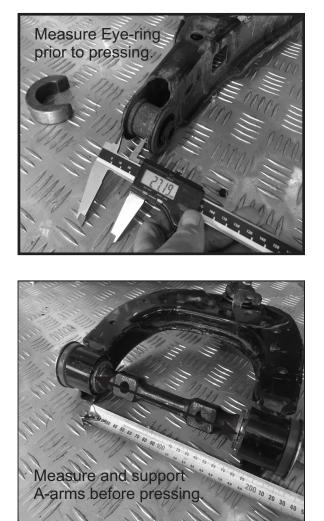
2. In order to remove the rubber only, you may apply heat to the bonded area of the bushing. Careful to not over heat - there should be no flames present.

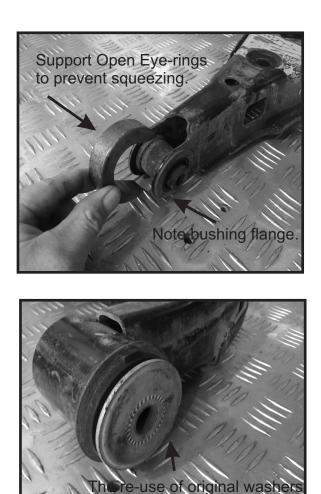
3. If pressing bushings out of A-arms or open eye-rings, be sure to measure the control arm and support the arm prior to pressing - please see images 1,2 and 3.

4. Check the bushing OD - if the bushing is stepped, note the 2 different OD's and pressing direction. 5. If the vehicle has factory adjustment bolts, there may be a washer as part of the original bushing. This may need to be removed and re-used with new supplied bushing. Please see image 4. This is due to the slot in the chassis.

6. When installing new bushings, grease ID and face of bushings with the supplied grease only.

7.All bolts should be re-torqued to manufacturers specifications - this is best done at ride height.





N.B: It is recommended that a licenced workshop or tradesperson carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.

may be required if vehicle has

adjusting bolts

Instructions Front Control Arm Bushings

N.B: This instruction sheet should be used in conjunction with the workshop manual and proper safety procedures followed.

1. Raise vehicle evenly and safely support.

It is suggested only 1 arm be serviced at a time.

Refer universal Bushing Removal guide in kit

2. Once bushings removed, confirm all Eye's are clean.

3. Refer image below for bushing placement.

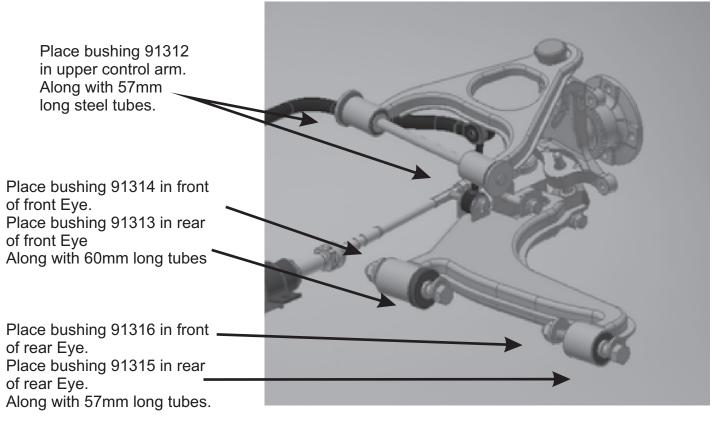
4. Grease bushing internal diameter and face with supplied grease only.

5. Tighten all points with original bolts - tighten to manufacturers specifications.

Application - Mazda Mx5 (Miata) - 1990-2005 (Refer current catalogue listing)

Contents - Bushing 91312 x 4

- Bushing 91313 x 2
- Bushing 91314 x 2
- Bushing 91315 x 2
- Bushing 91316 x 2
- Steel tube 70mm L x 2
- steel tube 60mm L x 2
- steel tube 57mm L x 4
- Grease



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