

# Instructions

## Front Control Arm Bushings

**N.B:** This instruction sheet should be used in conjunction with the workshop manual and proper safety procedures followed.

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**Application** - Honda Civic  
 - Honda CRV  
*(Refer current catalogue listing)*

**Contents** - 1x bushing 67174  
 - 1x bushing 67187  
 - 4x bushing 90664  
 - 4x bushing B2482  
 - 2x steel tubes 47mm  
 - 2x steel tubes 50mm  
 - 2x steel tubes 58mm  
 - Grease



### Install Guide - Upper Arm

1. Raise vehicle evenly and safely support.

*Never rely on a Jack only.*

2. Un-bolt upper arm - the bushing bolts are located in the engine bay. Loosen ball joint nut. Strike the spindle with a hammer to break the taper (leave nut on to protect the thread).

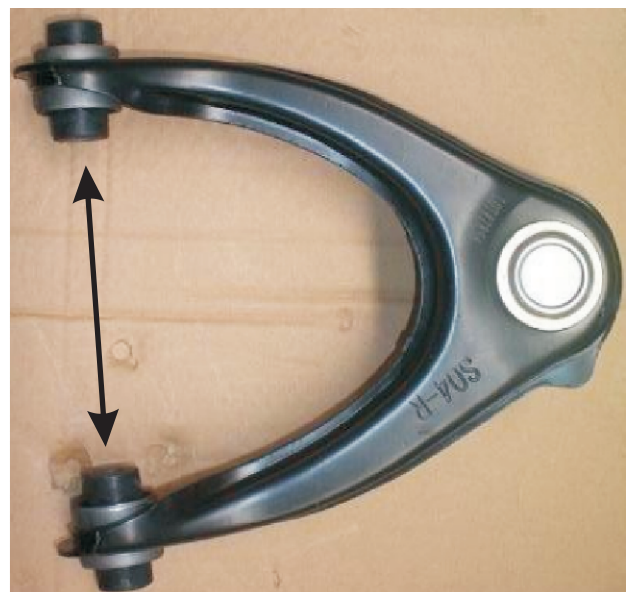
3. The original bushing will have to be pressed out - including the steel outer shell. Before bushings are pressed out, measure distance between both bushings.

4. Press in new supplied bushings. Careful to not squeeze the A arm.

5. Grease bushing ID and face with supplied grease only.

6. Push in supplied 47mm steel tubes. Re-fit arm to vehicle - tighten bolts to OE spec.

Measure distance between original bushings for easy install.



**N.B:** It is recommended that a licenced workshop or Tradesperson carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.

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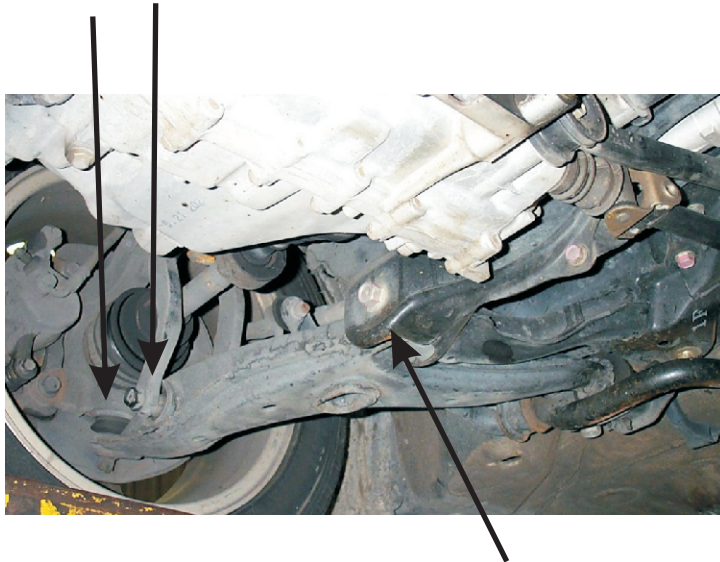
## Front Control Arm Bushings

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### Install Guide - Lower Arm

- Un-bolt lower ball joint and disconnect lower shock mount.

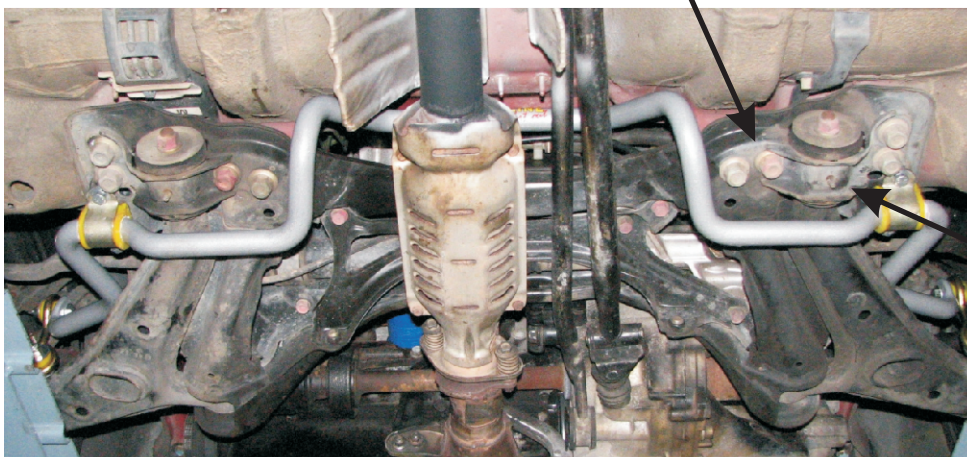


- Contents** - 1x bushing 67174  
 - 1x bushing 67187  
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 - 4x bushing B2482  
 - 2x steel tubes 47mm  
 - 2x steel tubes 50mm  
 - 2x steel tubes 58mm  
 - Grease

- Place bushings 90664 and 50mm steel tubes.

- Grease bushing ID and face with supplied grease onlt.

- Un-bolt lower inner front and rear points
- Un-bolt swaybar links and mount



Place bushing 67174  
 on LH arm

Place bushing 67187  
 on RH arm

- A wheel alignment is required immediately after install.
- Re-check all bolts after initial 100kms travelled.